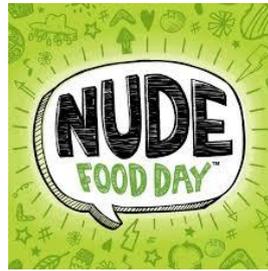


22 October 2018



## Whole School Nude Food Day

Dear Parents/Guardians,

On Wednesday 24 October, Kaleen Primary School is hosting a 'Nude Food Day'. This day is held in October each year at many schools and workplaces throughout Australia to help minimise waste and promote healthy eating.

Your child has been learning about the concept of 'Nude Food' through their Sustainability lessons. Your child may participate in the day by simply packing their recess and lunch with the environment in mind and use the least amount of packaging possible. This can be achieved by storing water in a reusable drink container and packing fruit with its own natural packaging – its skin, and all other food items packed in reusable containers. Some helpful tips for preparing for 'Nude Food Day' have been attached.

There are a number of exciting activities occurring across the school to coincide with 'Nude Food Day' which have been outlined in Seesaw. For instance:

- The commencement of the school's large scale Worm Farm will occur at 11am with thanks to our partner in this valuable project, Global Worming.
- During the day senior classes will cook and sample foods grown in the school gardens.
- A prize of recognition will be awarded to a class in each year group who has shown outstanding effort towards minimising waste through their Nude Food choices on the day.
- In addition, through bringing in a gold coin donation and a reusable container, families can pick and purchase a number of salad ingredients from the school's Kitchen Gardens between 3:00-3:15pm.

We hope your child enjoys taking part in this year's 'Nude Food Day'. We look forward to making a positive difference to the environment together on this day.

Kind regards,

**The Sustainability Team**

**Mrs Reeves, Mrs Chiles, Mrs Lowther and Mrs Chapman**