Dear Parents and Guardians,

Your child is about to attend the Sport and Recreation school camp at Borambola Sport and Recreation Centre and Southern Regional Office organised through Kaleen Primary School.

Dates: Wednesday 8 February to Friday 10 February 2017
Times: Departs from Kaleen Primary School at 8:15am
       Returns to Kaleen Primary School at 3:30pm (approx.)
Destination: Borambola Sport and Recreation Centre, NSW
Travel: Makehams Coaches

Prior to the camp all students must complete a Medical and Consent Form.

The information that Sport and Recreation needs about your child includes:
- medical conditions
- food related allergies
- special diets
- medication
- emergency contact details
- media consent

Sport and Recreation needs you to complete this form on behalf of your child. The form is available online and is easy to complete. Once you submit the form the information is sent to the Centre so the staff can prepare for your child's visit.


It is vital that you enter the following details to complete the online form by 2 February 2017.

You will need to enter

Booking Number 492272
Booking Start Date 8/02/2017
Booking Venue: Borambola Sport and Recreation Centre and Southern Regional Office

For information on camp life and what to pack we have attached a list, or go to sportandrecreation.nsw.gov.au/schoolcampparentinfo

If you have not yet paid your final instalment, please use the slip provided.

If you have any questions, please contact Lynne Sheville on lynne.sheville@ed.act.edu.au

Regards
Craig White, Smilja Rajak, Alison Marks, Aimee Griggs and Lynne Sheville
Payment Slip for camp instalment – 2017  Year 5 Camp  Fee Code: 8033-500-17

I have enclosed the balance of the camp funds: _____________ (unless a payment plan or other arrangements have been organised).

SIGNED:_______________________________________ DATE:______________
(Parent/Guardian)

Please circle payment type: CASH CHEQUE CREDIT CARD EFTPOS QUICKWEB

Minimum amount for Credit Card is $10.00
Please make cheques payable to Kaleen Primary School

Payment by EFTPOS

Card Type: Mastercard Bankcard Visa

Card number: ____________________________
Exp.Date: □□/□□ AMOUNT: $__________________________

Cardholder’s full name:………………………………………………………Child’s Name:……………………………………
Cardholder’s Signature:………………………………………………..Child’s Class:……………………………………
Contact phone number:…………………………………………………… Fee Code: 8033-500-17

Payment by QUICKWEB

Reference Number:……………………………………………. Date:………………………….
Child’s Name:…………………………………………… Child’s class:………………………
Family Name:………………………………………………… Amount: $__________________________ Fee Code: 8033-500-17
What to pack

One piece of luggage, a sleeping bag and a small day backpack is recommended per child. These should be clearly marked with your child’s name, address and phone number.

Remember, your child will have to carry their luggage so it’s good to make sure it’s not too big or too heavy. Items needed on the trip should be packed in the backpack.

Checklist

**Please label all clothing, towels and sleeping bag with your child’s name.**

- Shorts and t-shirts (no singlets, sleeveless or midriff tops)
- Jeans
- Jumpers and tracksuit pants
- Socks and underwear
- Raincoat
- Three layers of warm clothing
- Pyjamas
- Swimming costume and rashie shirt
- Sunscreen, sun hat and sunglasses
- Two pairs of running shoes (one old pair to wear in the water)
- Toiletries, soap, lip balm and insect repellent (no aerosols)
- Two towels
- Pillow, sleeping bag or doona and two single flat sheets
- Day backpack
- Paper, pens or pencils
- Plastic bags for dirty or wet clothes
- Medication (if required)
- Handkerchief or tissues
- Water bottle

**What not to bring**

- Aerosol cans *(i.e. spray-on deodorant or insect repellent)*
- Mobile phones and other electronic devices
- Lollies or chewing gum
- Jewellery
- Anything valuable *(Sport and Recreation takes no responsibility for the loss or damage to a client’s personal property, including money or other valuable items)*
Medication at camp

Your child should bring enough medication for the duration of their stay. All medication should be in its original packaging and clearly labelled with your child’s name, the dosage and frequency.

You should discuss this with your child’s teacher as they will be responsible for making sure your child takes their medication.

Asthma and anaphylaxis

If your child suffers from asthma or anaphylaxis, they should have an asthma management plan or anaphylaxis action plan which has been prepared by their doctor. Download sample plan templates from Australasian Society of Clinical Immunology and Allergy website (link is external). If your child has a plan, please provide it to the Centre at least three weeks prior to attending camp.

Children with asthma need to bring their own peak flow meters to camp and carry their inhaler with them at all times. Children at risk of anaphylaxis need to bring at least one adrenaline auto injector. On catered programs, children with food allergies are required to wear an identifying red wristband. This is an added precaution to assist staff when managing situations where food allergens may be present. Find out more about processes and procedures in place to manage allergies and anaphylaxis.

Bed wetting

If your child is prone to bed wetting, please advise the school or Centre staff in advance so staff can deal with the situation in a discreet and caring manner.