

LIFT OFF! STEADY

Dear Parents and Carers

Welcome to Lift Off! Steady! Our Stage 2 program has a focus on Emotional Skills. The Lift off! Steady program is designed to support our Year 4 students and families to express our feelings. At the Lift Off! Steady! evening we will explore concepts about expressing ourselves, sharing our feelings and helping others. We will participate in structured activities that are fun, inspiring and meaningful.

Lift Off! Steady! is happening at our school on

Tuesday 4 June 2019 from 4-7pm

Each child from Year 4 is invited to attend with one parent / carer.

It's a fabulous 3 hour fun-shop with a focus on Emotional Skills

You will:

- Participate in activities together
- Support your child's development
- Share stories
- Connect with other parents

Just bring yourself and your child and wear comfortable clothes. Dinner (Pizza) will be provided. Please return the slip below to confirm your attendance and to help us with catering needs.

Kind regards
Michelle Northey

LIFT OFF! STEADY! – PARENT BOOKING FORM

Child's Name _____ Class _____

Parent/Carer attending _____

Are you (X) Gluten Free _____ Vegetarian _____ Dairy Free _____

Other _____

Email Address _____

Phone _____

Parent's Signature _____ Date _____

I consent to you providing my name and email address to Uplifting Australia so that they may contact me in future to share with me parenting information, other news on its activities and for evaluative purposes.