

26/09/2018

Dear Families

Our school is involved in the Ride or Walk to School program (RWTS) that will be running during weeks 1-5 for all Year 4 and 5 students. This program is designed to encourage students to use active forms of travel such as riding, walking or catching public transport to get to and from school.

As part of this program, this term, your child will be participating in Safe Cycle. This is a practical course designed to teach students how to cycle safely. Students will be using bikes during class time to help develop their skills and confidence through a range of fun, exciting and informative lessons.

Students who own or can access a bicycle and helmet, that are in a fit and roadworthy condition, are requested to bring these to school for use in the Safe Cycle training. Students' own bikes and helmets will not be shared with other students. We will have access to a limited number of loan bikes and helmets during the Safe Cycle training that will be prioritised for students who do not have their own bikes.

If your child is bringing their own bike and/or helmet, please review and complete the attached Information and Permission Form. It is recommended that you complete a safety check of your child's bike and/or helmet prior to the training using the attached **ABC TIGHT Bike Safety Check List** and the **Three 2s Helmet Check**. During the day students can lock their bikes in the bike rack at the front of the school.

RWTS is an inclusive program that caters for students of all abilities. This includes students who do not ride bikes through to highly accomplished cyclists. Safe Cycle builds on the confidence and skill development of students and all participants are encouraged to work at a level that is within their comfort zone.

If you have any questions regarding the program, please contact your child's classroom teacher.

Yours sincerely

Nikki Van Huizen
Ride and Walk to School Coordinator

Parent/Carer Information and Permission Form: Child bringing own bike and/or helmet to school for Safe Cycle training

I, _____, consent to my child,
_____, bringing their own:

- Roadworthy bicycle of suitable size for my child's height
- My child will wear a bike helmet which has its original Australian Standard Sticker (AS/NZS2063) clearly affixed for use in Safe Cycle training.

(tick as appropriate)

I understand and agree that the equipment that my child provides for this training is in a fit and roadworthy condition. I understand that this equipment will not be shared with other students. I understand that it is my child's responsibility to ensure his/her bike is safely locked up using the school's bike storage facilities.

Parent / Guardian Signature: _____ Date: _____

What you need to do now:

- Return this permission note to **your child's classroom teacher**.
- Make arrangements to bring your child's bike and/or helmet to school on a variety of days during the week 1 - 5. (Please see you teacher for the specific dates).
- Securely leave the bike at the front of the school in the bike racks provided.
- Assess the bike after each day of the Safe Cycle training to review its condition.

